

# T.A.A.F.E.

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## Towards Alpine Age-Friendly Environment

INTERREG  
Alpine Space Programme

WP Building TAAFE model, delivering TAAFE toolkit

TAAFE Methodology booklets

DELIVERABLE  
D.T1.2.1)

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VERSION  
1

AUTHOR  
Thibault Moulaert

CONTRIBUTED  
Marta Ramovš

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## AT A GLANCE

A growing ageing population and increasing number of isolated older adults demand new approaches and political commitment. Therefore, the WHO developed the concept of sustainable age-friendly environments (AFE), using an integrative approach to optimize the social and physical environments and promote active, healthy ageing and participation in society. The T.A.A.F.E. project uses this concept to build a participatory framework - T.A.A.F.E. model - for developing an age-friendly environment and an improved delivery of services in the Alpine Space (AS).

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The information in this document is subject to change without notice.

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## Objective

During this first phase, Grenoble University and IAT have prepared booklets with methodological guidelines and practical tricks and tips on implementing different steps of TAAFE Model at local level. The booklets have been given to TRIOs at every transnational workshop (see Deliverable D.T1.3.1) in order to help them implement what they will learn there.

During this period, we produced three booklets for stakeholders and for Trios (Annex 1); we also decided to print them into one "guide for older citizens and for local action group for Age-friendly Community", translated in each local language (Annex 2).

**Booklet for stakeholders (3)** - for stakeholders, to help them to involve actively in co-creation process

- made as one small guide with three parts representing three booklets
- sent in pdf
- printed and distributed by post

**Booklets for trios (5)** - given to TRIOs at every transnational workshop (total of 5) in order to help them implement what they will learn there.

- In form of worksheets
- Vienna workshop (from worksheet 1 to 3)
- Slovenia workshop (from worksheet 1 to 5) (*prepared during this reporting period, delivered with the next reporting period*).

## Targets

The targets are all the 6 Trios and, beyond, all population of local partners.

## COVID-impact & adaptation

The delivering of booklets has been adapted due to the cancellation of a transnational workshop and its transfer into an on-line workshop (see Deliverable D.T1.3.1).

## Annex 1: TAAFE Booklets (partim)



1st TAAFE booklet for stakeholders

### **TAAFE BOOKLET FOR OLDER CITIZENS - working version**

Prepared by  
Marta Ramovs and Anton Trstenjak Institute team  
Thibault Moulaert, Université Grenoble Alpes





1st transnational methodology workshop, Vienna, 21.1.2020

## 1st TAAFE BOOKLET – working version

Prepared by  
Marta Ramovs and Anton Trstenjak Institute team  
Thibauld Moulaert, Université Grenoble Alpes



## Annex 2: Guide for older citizens (English and Italian version)



Marta Ramovš, Thibauld Moulaert, Jože Ramovš

# TOWARDS AN AGE-FRIENDLY COMMUNITY

**Guide for older Citizens and for local action group  
for Age-friendly Community**



Marta Ramovš, Thibauld Moulaert, Jože Ramovš

# VERSO UNA COMUNITÀ A MISURA DI ANZIANO

**Una guida per i cittadini anziani e per il gruppo  
di azione locale per una comunità a misura di anziano**

